



Lunch



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Battered Fish Fillet served with Potato Chips
MAIN COURSE ONE	Pork Sausage and roasted Onion	Red Pepper, Spinach and Cheese Pasta bake 	Classic Beef Lasagne	Garlic and Thyme roasted Chicken leg	
MAIN COURSE TWO	Quorn Sausage and Root Veg Hotpot 	Pea, Courgette and Italian Cheese Gnocchi 	Roasted Vegetable Lasagne 	Squash, Spinach Sweet Potato and Lentil bake 	Margherita Pizza slice 
MAIN COURSE THREE	Classic Chicken stew	Tomato and Basil sauce Whole Wheat pasta 	Chicken, Red wine and Tarragon sauce Whole Wheat Pasta	Beef, Barley and Root Veg Casserole 	Greek style Chicken Wraps
ON THE SIDE	Creamy mash potato Broccoli Baked Beans	Steamed Sweetcorn Steamed Carrots	Garden Peas Italian Slaw Garlic Bread	Mixed Vegetables Roasted mid Potatoes	Potato Chips Garden Peas Baked Beans Tartare Sauce
HOT DESSERT	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
COLD DESSERT	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit



FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

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SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	
MAIN COURSE ONE	Mild Beef and Lentil Chilli 	Mac and Cheese with Squash and Leeks 	Classic Cottage Pie 	Creamy Chicken Korma	Battered Fish Fillet served with Potato Chips
	MAIN COURSE TWO	Sweet Potato and Mixed Bean Chilli 	Vegetable Bolognese 	Vegan Cottage Pie 	
MAIN COURSE THREE	Honey Mustard Chicken Leg	Tomato and Basil Sauce 	Swedish style Meatballs Creamy Mash Potato	Pork and Green Pepper Stroganoff	Build Your own Burger
	ON THE SIDE	Mixed Greens Roasted Carrots Steamed Rice	Whole Wheat Pasta Steamed Savoy Cabbage Sweetcorn	Steamed Broccoli Garden Peas	Lightly spiced roasted Cauliflower Green Beans Steamed Rice Poppadums
HOT DESSERT	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
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MAIN COURSE ONE	Beef and Lentil Bolognese 	Tomato Cheddar and Mozzarella Bake 	Smokey BBQ Chicken Leg	Pulled Pork Nachos	
MAIN COURSE TWO	Mediterranean Vegetable Gratin 	Spinach, Pea and Garlic baked Risotto 	Baked BBQ Aubergine Topped with roasted Onions, Peppers and Cheese 	Butternut squash Chickpea and Sweet Potato Curry 	Pizza Margherita served with Potato Chips 
MAIN COURSE THREE	Roasted Tomato and Pepper Chicken	Squash, Carrot and Thyme Pasta Sauce 	Gammon and Leek Pie	Mild Mexican Chicken	Jumbo Pork Sausage served with Potato Chips
ON THE SIDE	Mixed Veg Whole Wheat Pasta Basil Oil	Roasted Courgettes Peppers and Onions Whole Wheat Pasta	Peas Coleslaw French Fries	Steamed Rice Green Beans Sweetcorn	Garden Peas Baked Beans Tartare Sauce
HOT DESSERT	<i>Dessert of the Day</i>	<i>Dessert of the Day</i>	<i>Dessert of the Day</i>	<i>Dessert of the Day</i>	<i>Dessert of the Day</i>
COLD DESSERT	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit	Selection of Jellies Yoghurt Cut Fruit

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