

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Pork sausage	Tomato & Basil Sauce with Cheese	British Beef Lasagne	Roasted Chicken Drumsticks	Greek style Chicken Wraps
MAIN COURSE ONE	Pork Sausage with Roasted Onion	Creamy cajun vegetable Pasta bake Bake	British Beef Lasagne	Garlic & thyme Roasted Chicken Leg	Battered Pollock
MAIN COURSE TWO	Quorn Sausage & Bean Casserole	Pea, Courgette & Italian Cheese Gnocchi	Roasted Vegetable Lasagne	Stuffed squash with cheddar crumb	Margherita Pizza Slice
MAIN COURSE THREE	Creamy Chicken casserole	Tomato & Basil Sauce	Chicken in white Wine & Garlic Sauce	Lamb & Rosemary Root Veg Pie	Greek style Chicken Wraps
ON THE SIDE	Creamy Mash Potato Steamed Broccoli Baked beans	Whole Wheat Pasta Steamed Carrots Sweetcorn	Garlic Bread Italian Slaw Garden Peas	Roasted New Potatoes Steamed Green Beans Swede & Carrot Mash	Potato Chips Garden Peas Baked Beans
HOT DESSERT	Apple & Berry Crumble	Iced Sponge	Fruit Flapjack	Chocolate Shortbread	Jam Doughnuts
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Roasted Chicken Drumsticks	Mac n Cheese	Chicken in Mild Pepper Sauce	Mild chicken curry	Battered pollock
MAIN COURSE ONE	Mild Beef Chilli	Mac n Cheese, Crispy Onion & Cheddar Crumb	Cajun chicken pasta	Mild chicken curry	Battered Pollock
MAIN COURSE TWO	Sweet Potato & Mixed Bean Chilli	Vegetable Bolognese	Vegan Hotpot	Creamy Vegetable Korma	Build your own Veggie Burger
MAIN COURSE THREE	Lemon, Garlic & Herb Chicken Leg	Tomato & Basil Sauce	Chunky Pork and oregano Ragu	Beef Bhuna	Southern Fried Chicken Burger
ON THE SIDE	Steamed Rice Steamed Broccoli Roasted Carrots	Whole Wheat Pasta Garlic Bread Steamed Sweetcorn Roasted Courgettes	Whole Wheat Pasta Steamed Kale Garden Peas	Roasted Cauliflower & Broccoli Steamed Green Beans Naan Bread	Potato chips Garden peas Steamed sweetcorn
HOT DESSERT	Apple & Cinnamon Crumble	Chocolate Sponge	Homemade Flapjack	Sprinkle Sponge	Chocolate Brownie
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Beef Bolognese	Tomato, Cheddar & Mozzarella Pasta Bake	BBQ Chicken Drumsticks	Mildly Seasoned Chicken Wrap	Jumbo Pork Sausage
MAIN COURSE ONE	Beef Bolognese	Tomato, Cheddar & Mozzarella Pasta Bake	BBQ Chicken Leg	Pulled Pork Nachos	Battered Pollock
MAIN COURSE TWO	Mediterranean Vegetable Gratin	Sweet Chilli Vegetable Noodles	BBQ Baked Aubergine with Crispy Onion & Cheddar	Red Thai Veg Curry	Margherita Pizza Slice
MAIN COURSE THREE	Chicken & mushroom Carbonara	Pesto cherry tomato spinach pasta	Minced Beef & Onion Pie	Jerk Chicken Wrap	Jumbo Pork Sausage
ON THE SIDE	Mixed Veg Whole Wheat Pasta Basil oil	Steamed Broccoli Steamed Carrots	French Fries Cajun Sweetcorn Classic Coleslaw	Steamed Rice Green Beans Macho Peas	Potato Chips Garden Peas Baked Beans
HOT DESSERT	Apple & Pear Crumble	Chocolate Marble Cake	Cherry Flapjack	Lemon Sponge	Classic Doughnuts
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruits