

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Pork Sausage	Tomato & Basil Sauce with Cheese	British Beef Lasagne	Roast gammon	Battered Pollock
MAIN COURSE ONE	Pork Sausage with Roasted Onion	Creamy Squash and Cheddar Pasta bake	British Beef Lasagne	Roast Gammon	Battered Pollock
MAIN COURSE TWO	Soya mince and Root Veg Cottage Pie	Vegetable Chow Mein	Roasted Vegetable Lasagne	Cheese and potato pie	Margherita Pizza Slice
MAIN COURSE THREE	Turkey Stroganoff	Tomato & Basil Sauce	Chicken in White Wine & Garlic Sauce	Chicken & Root Veg Pie	Chicken Shawarma Wraps
ON THE SIDE	Creamy Mash Potato Steamed Carrots Baked Beans	Whole Wheat Pasta Steamed Broccoli Sweetcorn	Garlic Bread Italian Slaw Garden Peas	Roasted Potatoes Steamed Green Beans Baked roots	Potato Chips Garden Peas Baked Beans
HOT DESSERT	Apple & Forest fruits Crumble	Iced Sponge	Homemade Flapjack	Chocolate Shortbread	Jam Doughnuts
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit



## WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Lemon Garlic and Herb Chicken	Mac n Cheese	Pork Meatballs	Mild Chicken Curry	Battered Pollock
MAIN COURSE ONE	Pulled Pork Nachos	Mac n Cheese, Crispy Onion & Cheddar Crumb	Conchiglie & Chicken Alfredo Pasta Bake	Mild Chicken Curry	Battered Pollock
MAIN COURSE TWO	Sweet Potato & Mixed Bean Chilli	Vegetable Bolognese	Vegan Hotpot	Creamy Vegetable Korma	Build your own Spicy Bean Burger
MAIN COURSE THREE	Lemon, Garlic & Herb Chicken	Tomato & Basil Sauce	Giant Pork Meatball	Pakistani Ground Beef curry	Southern Fried Chicken Burger
ON THE SIDE	Steamed Rice Steamed Broccoli Roasted Carrots	Whole Wheat Pasta Garlic Bread Steamed Sweetcorn Roasted Courgettes	Whole Wheat Pasta Steamed Kale Garden Peas	Spiced Cauliflower & Broccoli Spinach Steamed Green Beans Naan Bread	Potato Chips Garden Peas Steamed Sweetcorn
HOT DESSERT	Apple & Blackberry Crumble	Chocolate Sponge	Homemade Flapjack	Sprinkle Sponge	Chocolate Brownie
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit



## WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Chip Shop Friyay!
PREP MAIN COURSE	Beef Bolognese	Tomato, Cheddar & Mozzarella Pasta Bake	BBQ Chicken Drumsticks	Mildly Seasoned Chicken Wrap	Jumbo Pork Sausage
MAIN COURSE ONE	Beef Bolognese	Tomato, Cheddar & Mozzarella Pasta Bake	BBQ Chicken Leg	Beef Chilli	Battered Pollock
MAIN COURSE TWO	Cauliflower and leek Gratin	Sweet Chilli Vegetable Noodles	Sweet Potato stuffed with Feta	Red Thai Veg Curry	Loaded Potato Skins
MAIN COURSE THREE	Chicken & Bacon Carbonara	Pesto Cherry Tomato Spinach Pasta	BBQ Pork & Bean Pie	Teriyaki Chicken Wrap	Jumbo Pork Sausage
ON THE SIDE	Mixed Veg Spaghetti Garlic bread	Roasted Broccoli & Toasted seeds Steamed Carrots	French Fries Cajun Sweetcorn Classic Coleslaw	Steamed Rice Green Beans Lemon & Chilli Peas	Potato Chips Garden Peas Baked Beans
HOT DESSERT	Apple & Pear Crumble	Chocolate Marble Cake	Homemade Flapjack	Fruit Sponge	Classic Doughnuts
COLD DESSERT	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit	Flavoured Jellies, Yoghurt Pots, Fresh cut Fruit